

Volleyball Coaching & Education Services
www.volleyballces.com

Volleyball Association of Ireland
 Licensed Regional Development Officer – Dublin
www.volleyballireland.com/LRDO



NB: Each School that takes up a Coaching Programme below will be entered into a Draw in June to Win a SpikeBall starter pack worth over €200

Schools SpikeBall Coaching Programme Booking Form

School Name:	
Principal's Name:	
School Full Address:	
School Phone:	
Contact Teacher:	
Mobile:	

SpikeBall Volleyball Coaching Programme Offers – Dublin Schools

Option 1:	Block of 6 Weeks Coaching 2 Sessions Per Day @ 1 Hour each Total: 12 Coaching Sessions €400.00	Option 2:	Block of 6 Weeks Coaching 3 Sessions Per Day @ 40 Minutes each Total: 18 Coaching Sessions €500.00
Option 3:	Block of 4 Weeks Coaching 2 Sessions Per Day @ One Hour each Total: 8 Coaching Sessions €300.00	Option 4:	Block of 4 Weeks Coaching 3 Sessions Per Day @ 40 Minutes each Total: 12 Coaching Sessions €400.00

- Each Programme and session is adapted to meet the needs of each individual School & Class. If your School would prefer a longer/ shorter programme, Volleyball CES will cater for your preferences.
- Minimal amount of space required. No equipment necessary. Volleyball CES provides all equipment.
- **Coaching can be delivered indoor or outdoor – No Sports Hall required!**

Please Indicate the Day of the Week & Time of the School Day that suits your School best to have the Coaching Sessions delivered: **Day of the week:** _____ **Time slot: 9.30am to 12.30pm or 12.30 to 4pm**

- You will be contacted within 1 working day of receipt of this form to arrange the Coaching Programme

Signed

Date

Please return to:

- **Volleyball CES, 3 Benmadigan Road, Drimnagh, Dublin 12**